

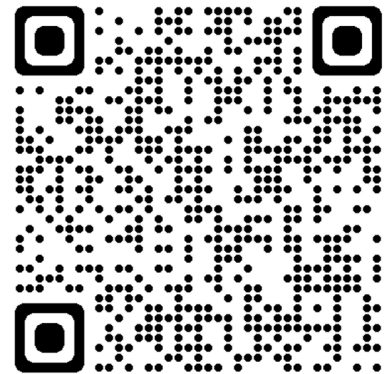


## Employee and Family Assistance Program

Government of Saskatchewan employees and eligible family members can call the Employee and Family Assistance Program (EFAP) toll-free any day, any time at 1-844-880-9142.

EFAP will help you explore supports, which include:

- Short-term counselling
- WorkLife services, such as:
  - Personal Health and Wellbeing
  - Legal
  - Financial
  - Relationships
- Self-help resources
- Community resources



Employees and eligible family members can access EFAP in the following ways:

- Call the EFAP Care Access Centre toll-free at 1-844-880-9142
- Download the Lifeworks app [username: gos and password: efap]
- Visit [efapgos.lifeworks.com](https://efapgos.lifeworks.com) [username: gos and password: efap]